Allulose Promotes Glycemic Control

**Reduces Fasting Glucose Levels**


**Does Not Increase Fasting Glucose Levels**


Allulose Promotes Glycemic Control

**Reduces Post-prandial Glucose Levels**


**Does Not Increase Post-prandial Glucose Levels**

**Reduces HbA1c Levels**


**Reduces Hepatic Glucose Production**


**Increases Hepatic Glycogen Levels**

Allulose Promotes Glycemic Control

Reduces Fasting Insulin Levels

Does Not Increase Fasting Insulin Levels
Allulose Promotes Glycemic Control

Reduces Post-prandial Insulin Levels


Does Not Increase Post-prandial Insulin Levels


Increases Insulin Sensitivity


Improves Hepatic Health


Improves Pancreas Health


Copyright Bonumose LLC 2019
**Prevents Reductions in Plaque pH**


**Reduces Growth of Acid-Tolerating Bacteria**

Allulose Promotes a Healthy Lipid Profile

**Reduces Total Cholesterol Levels in Blood**


**Increases HDL Levels in Blood**


**Reduces LDL Levels in Blood**

Allulose Promotes a Healthy Lipid Profile

**Reduces Triglyceride Levels in Blood**

**Reduces Triglyceride Levels in Liver**

**Reduces Triglyceride Levels in Brown Fat**
Reduced Body Weight


Reduces Body Fat


Increases Energy Expenditure

Allulose Reduces Cardiovascular Disease Risk

Reduces Fat Absorption

Reduces Fat Cell Size

Decreases Fat Synthesis

Increases Fat Metabolism
Allulose Reduces Cardiovascular Disease Risk

**Reduces Fat Cell Inflammation**

**Implements Immune Response to Oxidized LDL**

**Reduces Leptin Levels**

**Reduces Food Intake**

**Increases Antioxidants in Blood**

**Increases Antioxidants in Liver**

**Improves Liver Health**
Allulose Increases Satiety

**Increases Levels of Satiety Hormones**


**Reduces Food Intake**

Allulose Benefits: Preliminary Findings

Antioxidant

Anti-parasitic

Neuroprotective

Anti-viral

Endocrine Protector

Prebiotic

Maintains fertility...

 unlike Stevia which may reduce fertility.